

# Next Gen

NEWSLETTER

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Mindfulness, Closing statements.

“If you’re not part of the solution, then you’re apart of the problem” - Anon



### UP COMING EVENTS .

- 29<sup>th</sup>Jun- 1<sup>st</sup> July VAS convention held in Ballarat
- 20<sup>th</sup> – 22<sup>nd</sup> July Australian Sheep and Wool show held in Bendigo
- 22<sup>nd</sup> July Next Generation AGM @ Sheep & Wool show in Bendigo
- 29<sup>th</sup> July Ballarat Sheep show and sale
- 6<sup>th</sup>- 7<sup>th</sup> August Hamilton Sheeption
- 2<sup>nd</sup> Sept Finley Agriculture show
- 9<sup>th</sup> Sept Ringwood Pre-Royal show
- 16<sup>th</sup> Sept Robinvale/Euston Annual show



## MESSAGE FROM THE CHAIR

Another season has come and gone and now we turn our focus on prepping for the upcoming 18/19 show season. Freezing mornings and limited daylight will soon enough be replaced by spring frosts and the return of daylight savings. The Royal Melbourne Show will be on in September again and judging will take place of the State Finals of the Rural Ambassador Awards. Finalists have now attended their development day held on June 24<sup>th</sup> at Whittlesea Showgrounds and have all their information to prepare them for judging. It is here that I must inform our community that I am resigning from my position as Chairperson. I feel that I have been able to make a positive contribution to the Next Generation in the following ways:

- Designing and collaborating our biannual newsletter.
- Structuring and implementing a subcommittee.
- Expanding our following on Social Media and giving our followers meaningful content.

I am now handing the reins onto our Vice- Chairperson Jane Irvine. This means the Vice Chairperson position is now vacant and we open nominations to interested parties to please come along to our Next Generation Meeting at the Sheep Show in July.

### Subcommittee

With all Next Generation meetings we also ask for people who are interested in being more involved with Next Generation, but aren't quite ready for the chair positions to become a part of our Subcommittee. The Subcommittee is a group of people the Chairs will bounce ideas off and ask for feedback from. The Subcommittee also has a direct influence on what is published in the newsletter- input can be as small as two sentences and the Chairs follow up the remainder depending on your circumstances and time available. In a nutshell- It's a really easy way to become involved in the future of agricultural shows without committing to exorbitant amounts of time.

→ Date: 22 July 2018

→ Time: 10am

→ Location: Bendigo Showgrounds

→ Point of Contact: Jane Irvine, millbraestud@bigpond.com

→ Open to all persons with a keen interest in encouraging the "Youth in Agriculture" movement.

→ Please RSVP your attendance prior to the day.

Yours in Health,  
Dr Sherrie Lee (Chiro)  
Chairperson Next Generation



**2018 Victorian State Final Sheep Competitions**  
Held at the Australian Sheep & Wool Show  
Bendigo – Sunday 22<sup>nd</sup> July 2018



**Competition Times**

VAS Ltd Fleece Judging 11.00 – 12.30pm BEC  
VAS Ltd Meat Breeds Judging 1.30 - 3.00pm REC

**To be Eligible**

- Must be 15 years on the day of the competition
- Must have a Victorian address

For all enquiries call the VAS Ltd Office: 03 5441 5555

*Please refer to  
[www.vicagshows.com.au](http://www.vicagshows.com.au)  
for further information  
about upcoming shows.*



## SHEEP & GOAT ELECTRONIC TAGGING AT SHOWS

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Just a quick reminder for show societies that have sheep or goats attending your show:

**“Operators of agricultural shows are now required to ensure that electronic NLIS (Sheep) tags on the sheep and goats exhibited at the events that they conduct are scanned, with movements reported to the NLIS database using the ‘sighted’ function.”- Agriculture Victoria**

If this affects your show, you have a few options:

- **Get a scanner and do the upload yourselves-** you may already have one for your cattle section or if you have the money and time to spare this could work.
- **Get a scanning contractor in to do it-** this will save time but might be costly.
- **Contact your local Agriculture Victoria staff and they might help you out-** some shows have a good relationship with their local Animal Health/Agriculture Victoria staff and they may come and do the scanning and sighting of the sheep for you.

**Interstate sheep and goats** still need the visual NLIS tag as per the rules of the state or territory they come from and **do not** require an electronic NLIS tag when they leave that Victorian showground.

If you have issues or questions the contact for Agriculture Victoria is Marnie Dortmans, Agriculture Victoria’s Senior Officer - NLIS, on 03 5336 6835 or 0428 997 009, or **head into your local Agriculture Victoria Office and get to know the local staff!**



## THE 2018 VAS LTD STATE CONVENTION

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This year the convention will be held at the Mercure Ballarat Hotel on the 29<sup>th</sup>, 30<sup>th</sup> June and 1<sup>st</sup> of July 2018. The event offers a range of activities and provides an excellent opportunity to mingle with members from other Victorian Agriculture Show Societies. Saturday night offers a fabulous two course dinner. Each show society has the opportunity to enter into the three competitions ran across the weekend. Entries are due by 9am on the 30<sup>th</sup> of June. Competition one, traditional homemade apron, while competition two is novelty handmade apron and last competition three is a collage of 5 photographs of the pavilions held your local show. Looking forward to the event and hope to see you there- Jane Irvine, Vice Chair.



## PICKING A PERFECT PUMPKIN

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Country shows have a range of different sections and competitions available to enter, but it is always fun to add something quirky and entertaining- like a Pumpkin Decorating competition!

It's simple and easy to run and adds a bright, colourful and creative section to your pavilion.

The best part is you can pick and choose a schedule that meets the needs of your community- from individual age group sections, to school or community groups or even local businesses competing for the best decorated pumpkin. You can also adapt it to your area. For example, if your area is known for growing citrus, swap the pumpkin out for an orange decorating competition. Just remember to take in account the season that your show is held in.

This may have planted the seeds of inspiration for a great new section at your show, so get your schedules ready and get decorating!

For more information please contact Jordan Hoban at Wodonga Show Society  
0457 922 963 or [jordan.hoban@hotmail.com.au](mailto:jordan.hoban@hotmail.com.au)



## YOUNG SHOW HORSE JUDGES UPDATE

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Just a reminder that a copy of the official VAS young show judges list is available from the office, if you would like to be a part of the list and already have a judging qualification ie Equestrian Australia or Show Horse Council Australasia please contact the VAS office with your details.

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## 2017 VICTORIAN RURAL AMBASSADOR UPDATE- SOPHIE CROOKE LAY

Since being awarded at the 2017 Victorian Rural Ambassador, she has furthered her involvement in her local show, Sale Agricultural Show Society and become the Junior Vice President that requires her to be present on various committees such as the night carnival committee and the finance committee. This year will be her third year in a row running the very popular 'Young Farmers' challenge and she hopes it will be another great success this year. Sophie is also in charge of the local Rural Ambassador competition and is passionate about youth involvement in her show, and educating young people on the various sectors of agriculture. In late June she will be attending and adjudicating a junior regional final in Ballarat (VAS State Convention) which she's really looking forward to.

Sophie will be representing Victoria at the upcoming National Rural Ambassador Finals being held at the Royal Adelaide Show in early September. We wish her the very best of luck and know she will do us proud.



### 2018 JUNIOR SHOW AMBASSADOR STATE FINALISTS

**Emma Dickinson** (Midlands Group)  
*representing Ballarat A & P Society Inc*

**Tiffany McLaughlan** (South Western Group)  
*representing Noorat & District A & P Society*

**Chloe Bowles** (Northern Group)  
*representing Bendigo Agricultural Show Society Inc*

**Emily Noonan** (Central & Upper Goulburn Group)  
*representing Yea A P & H Association Inc*

**Giorgi Boucher** (Central & South Gippsland Group)  
*representing Pakenham & District A & H Society Inc*

**Holly Deckert** (Wimmera Group)  
*representing Nhill A & P Society Inc*

**Michelle Barnes** (Goulburn Valley Riverina Shows Group)  
*representing Finley Show Society Inc*

**Eleanor Robinson** (North Eastern Group)  
*representing Myrtleford & District A & P Society*

**Brenton Davies** (Gippsland Group)  
*representing Bairnsdale Ag Society Inc*



2017 Junior Show Ambassadors- (L) Winner, Jacob Heard and (R) Runner- up Tessa Runting



*We wish all our junior show ambassadors the very best of luck for the State Finals being held in conjunction with the VAS convention in Ballarat.*

Please find some helpful hints from previous Rural Ambassador finalists on the next page.

## RURAL AMBASSADOR TIPS, TRICKS AND TESTIMONIALS

- *Practice your speech in the mirror 5 times the night before, and again in the morning of your speech. This will help you navigate appropriate body language and you'll practically know your speech off by heart by showtime.*
- *Grooming & deportment are the easiest points you will acquire throughout the whole process- practice a dress rehearsal, brush and style your hair, clean your shoes and wear a belt. Wear black socks under trousers and wear stockings under a dress.*
- *Be early for your interview and bring a notepad, this way you can either practice your speech or write down all the great ideas you have for promoting the youth in agriculture movement.*
- *Drink water before and during the process and always look at the program as soon as you can to schedule a bathroom break- this will keep you pre-occupied and lower the stress levels.*

**“Thinking about how I interact with my community, drives me to want to know more about my local area”- 2017 State Finalist**

**“Be yourself, know your values and your show. It helps to know about major issues affecting agriculture in the news. Most importantly, enjoy yourself and enjoy making connections that last a lifetime!”- 2017 State Finalist**

**“Rural Ambassador Awards taught me the skills that helped me nail my job interview”- 2016 State Finalist**

**“I learnt so many new things that could be easily implemented into my show that we have now doubled the amount of youth helping out on show day”- 2015 State Finalist**



## CREATING A LEGACY

“...It’s our biggest ongoing project and a heart-warming one at that.”

The homecrafts committee of the Whittlesea Agricultural Show Society wanted to create a way of remembering the people who have had such a profound effect on their section over the years. In a group effort headed by youth member Jacob Hince, they have created a permanent tree structure at the end of their designated shed with felt leaves attached with the names of those people who have been involved in the popular section at Whittlesea show over the years (159 years to be exact). “The Memory Tree is our biggest ongoing project and a heart-warming one at that” Jacob explains. With the memory tree now a big focus of the section, the entire homecrafts shed underwent a re-configuration to make use of wasted space and the entire shed more appealing to the public. “The new layout enables us to give our major sponsor ‘TLC aged care’ their own space, better exposure to our demonstrators and eliminates dead space in the pavilion” describes Jacob.

This year they are introducing 2 new subsections into the homecrafts section: Lego, for all ages including a Lego expert judge and a craft beer section for the home brewers which as we know in Victoria is a very popular hobby. Further information can be attained from Jacob Hince via the Whittlesea Show Office (03) 9716 2835. Programs will be available by spring and can be found at [www.whittleseashow.org.au](http://www.whittleseashow.org.au)

## VAS YOUTH DELEGATES

Show Society	Name	Surname	Email
Bendigo Agricultural Show Society	Chloe	Bowles	<a href="mailto:chlolouise4@gmail.com">chlolouise4@gmail.com</a>
Donald P & A Society	Chloe	Jane	<a href="mailto:funky_chic07@hotmail.com">funky_chic07@hotmail.com</a>
Dookie P&A Society	Jenny	Shields	<a href="mailto:pgshields@gmail.com">pgshields@gmail.com</a>
Ballarat A & P Society	Jacob	Heard	<a href="mailto:jacobhe@bgs.vic.edu.au">jacobhe@bgs.vic.edu.au</a>
Cobram Agricultural Show	Jane	Irvine	<a href="mailto:millbraestud@bigpond.com">millbraestud@bigpond.com</a>
Natimuk A & P Society	James	McCredden	<a href="mailto:natimukshow@horsham.vic.au">natimukshow@horsham.vic.au</a>
Camperdown P & A Society	Louise	Duffy	<a href="mailto:louise.duffy@saputo.com">louise.duffy@saputo.com</a>
Swan Hill & District A&P Society	Rebecca	Wickham	<a href="mailto:bec_51@hotmail.com">bec_51@hotmail.com</a>
Euroa Agricultural Society	Sharyn	Seifert	<a href="mailto:bseifert3076@bigpond.com">bseifert3076@bigpond.com</a>
Whittlesea Agricultural Society	Sherrie	Lee	<a href="mailto:sherrie.lee1@live.com">sherrie.lee1@live.com</a>

Please contact the office if you would like more information on becoming a Youth Delegate for your Agricultural Society.



## MINDFULNESS

Take a few minutes at the end of your day to help clear your mind, reduce sleep and improve your chances of getting a good night sleep.

**Step 1-** find something small, like a raisin or even a pea out of the freezer.

**Step 2-** place it in the middle of your left palm. Examine it, look at the colours, the shape, the shadows.

**Step 3-** now place it in your right hand and close your eyes, feel the object, the smoothness, the roughness, firmness, softness, the weight.

**Step 4-** Place the object in your mouth, but don't chew, let your tongue feel the texture of the food in your mouth.

**Step 5-** Now chew, notice how easily (or difficult) your teeth broke the surface of the food, the flavour that broke out of it, and how it dissolves in your mouth.

Feel a little less stressed now?

Enjoy this helpful exercise whenever you get overwhelmed with life.



**Don't forget to like & follow us on Facebook-**

<https://www.facebook.com/VASNextGen/>

*If you have any interesting agricultural stories, events or lifestyles we should know about or want the rest of the Next Generation community to be informed with please don't hesitate to message us directly at [info@vicagshows.com.au](mailto:info@vicagshows.com.au) or via our private messaging system on the Facebook page. We would love to hear about the great things you do to share agricultural knowledge with your family and the wider community.*

***All the best to our Agricultural communities and show societies as they prepare for a successful 2018/19 season.***

*Next Generation acknowledges input into this newsletter from subcommittee members:  
Jordan Hoban, Jane Hull, Jane Irvine & Sherrie Lee.*

*If you have any information you would like published in Next Generation media publication please contact the VAS office on [info@vicagshows.com.au](mailto:info@vicagshows.com.au)*